

THE EXPERT'S GUIDE TO AESTHETIC CEMENTATION

Gold Dust's step-by-step guide for bringing cosmetic dentistry to the next level.



WHAT DO YOU GET?

- An outline of the tools and methods used by true masters of dentistry.
- Predictable and accurate guidelines to use in all your cementation procedures.
- The same protocols taught at the Clinical Mastery Series Aesthetics Live Course.



01

REMOVAL OF PROVISIONALS

- Anesthetize patient.
- Place Optragate / remove temps.
- Use H2O2 to remove micro-leakage.

02

RESTORATION SEAT VERIFICATION & TRY-IN

- Check fit of restorations one at a time, verify marginal integrity.
- Check fit of restorations 2 by 2, then all together.
 - Verify fit of proximal contacts.
- Use try-in paste to verify shading.

03

RESTORATION PREPARATION

- Surface Condition restorations.
 - Clean & Acidify with 35% Phosphoric acid, rinse, and Silanate all restorations for 60 seconds, evaporate with air.
 - Coat internal of restoration with two coats of Adhese Universal.
 - Evaporate alcohol solvent well.
 - Fill with Variolink Veneer cement of selected shade.
 - Place restorations in Light Secure box.

04

TEETH PREPARATION

- Bonding steps on teeth:
 - Etch all teeth (3 at a time).
 - Apply Gluma Desensitizer, blot dry.
 - Apply Adhese Universal (2 coats).
 - Air dry with ADEC air dryer.
 - Cure Adhese Universal for 10 seconds per tooth.

05

CEMENTATION

- Seat restorations starting with centrals, then laterals, cuspids, and so on...
 - Tack and wave technique.
 - Remove excess.
 - Separate contacts with serrated saw &/or floss contacts with floss.

06

FINAL POLYMERIZATION

- Coat margins with De-Ox (Ultradent) or Glycerin.
- Light cure all restorations for 40 sec facial/20 sec lingual per tooth.
- Remove any cords and floss teeth again.

07

FINISHING

- Use finishing strips (3M 1954N then Epitec: Blue- Green- White- Coral).
- Clean up cement with scalpel, finish margins with high speed 15 micron diamonds, followed by 30 fluted carbides.
- Remove rubber dam.
- Adjust occlusion and contour restorations.
 - Polish with ceramic polishing kit and Diashine on brush if needed.

08

POST INSERTION

- Set up post op appointment for molar preparation.
- Post operative instructions, post op review.

